

| | Essential travel only? | Passenger Locator Form required? | Quarantine? | COVID-19 test required to travel? | Mask mandatory? | Curfew | Other information |
|------------------------------|---|--|---|---|-----------------|--|---|
| Travelling to the UK | Essential travel only. | Yes, for all passengers regardless of length of stay, to be completed within 48 hours before arrival into the UK. (Sworn statement required from Belgium to UK) | Yes, 10 days, with an optional "Test to release" scheme after 5 days. Mandatory tests at Days 2 & 8. Day 2 test must be booked in advance & details must be recorded on the Passenger Locator Form | Yes, PCR test taken within 72 hours of arrival into France for passengers age 11+. | From age 11+. | No | If the passenger has been in a red list country in the last 10 days, they may not travel by Eurostar to the UK. A designated point of entry must be used. |
| Travelling to France | Compelling reason & proof for travel no longer needed although people asked to keep international travel to a minimum | No, but a sworn statement form is required. Passenger to add essential reason for travel manually. Plus, a Travel Declaration form to leave the UK is required. | Yes , 7 days. | Yes, PCR test taken within 72 hours of arrival into France for passengers age 11+. | From age 11+. | Between 19:00 and 06:00 nationwide. | |
| Travelling to Belgium | Travel permitted only for listed essential reasons | Yes, for all customers regardless of length of stay. A sworn statement is also required. Plus, a Travel Declaration form to leave the UK is required. | Yes, 14 days, but release from quarantine on day 7 if tested negative. | Yes, PCR test taken within 72 hours of arrival into France for passengers age 6+. Passengers require a test on day 1 and day 7. If tested negative on day 7, automatic release from quarantine. | From age 12+. | Brussels and Wallonia: between 22:00 and 06:00. Flanders: Between Midnight and 05:00. | Mandatory COVID test required on days 1 & 7 of the arriving into Belgium. |
| Travelling to NL | Strongly advised not to travel unless it is strictly necessary. | No, but a Travel Declaration form to leave the UK is required). | Yes, 10 days. | Yes, PCR test within 72 hours of travel from age 13+, and same day antigen test. | From age 13+. | Between 21:00 and 04:30 nationwide. | |